

DOLPHIN ASC

Pentathlon Event

Makino Outdoor 50m Pool – Feilding

SUNDAY 19th February 2023

Events:

Warm up 9:30 am, Racing starts 10:00am

1A	200 Breast	Pentathlon
1	200 Breast	
2A	100 Back	Mini Pentathlon
2	100 Back	
3	50 Breast	
4A	100 Fly	Pentathlon
4	100 Fly	
5A	200 IM	Mini Pentathlon
6	200 Fly	
7A	200 Free	Pentathlon
7	200 Free	
8A	100 Breast	Mini Pentathlon
8	100 Breast	
9	50 Free	

10A	200 IM	Pentathlon
10	200 IM	
11A	100 Free	Mini Pentathlon
11	100 Free	
12	50 Back	
13A	200 Back	Pentathlon
13	200 Back	
14A	50 Fly	Mini Pentathlon
14	50 Fly	
15	Skins	
Skins races will be 2 mins apart. The slowest swimmer will be eliminated each round.		

Officials/Lunch Break after event 9.

Swimmers may warm up for the afternoon session during this time.

BBQ will be running throughout the meet.

Conditions of meet:

- Age is at 19 February 2023.
- Entry fees – Individual events \$6.00 per race. Pentathlon and mini-pentathlon \$25.
- Results will be printed and made available on the day. Meet mobile will be used.
- Pentathlon age groups as follows:
 - Pentathlon 14 & under; and 15 & over
 - Mini-pentathlon 10 & under; and 11-12
- There will be no less than 20 mins between pentathlon/mini pentathlon events.
- Results for the pentathlon events will be calculated using SNZ points.
- Cash prizes as follows:
 - One cash prize of \$50 per gender per age group will be given for the Pentathlon and mini-pentathlon.
 - \$50 for each skins event – male and female.
- Skins – selection will be based on the results of the 50m Freestyle event. The fastest 7 male and female swimmers will be selected and announced after the completion of this event. Scratching from this will be required within 30 mins of the announcement. If insufficient swimmers are eligible to compete in the skins event, this event may be cancelled.
- All events will be swum as mixed gender, timed finals.
- Swimmers may enter a maximum of 6 events (eg Pentathlon and 50m Free for skins).
- This is a designated meet – all results will be submitted to SNZ database.
- The organisers reserve the right to limit entries or alter the programme if the need arises.
- Entries must be submitted online through the SNZ database.
- No times WILL NOT be accepted for 200m races. Race secretaries must submit coach's times via email within 24 hours of receiving psych sheets.
- The meet will be swum under the current FINA, SNZ and Para rules where sufficient qualified officials are available.
- This flyer, psych sheets and results will be available on the Swimming Manawatu website.
- Entries close Monday 13th February 2023 at 10.30pm.
- No refunds will be considered after the psych sheets have been compiled, unless accompanied by a medical certificate.
- Dolphin Swim Club will endeavour to provide a full complement of officials.
- Clubs are requested to provide one time-keeper per four swimmers entered.

Enquiries to: dolphinswimclub.race@gmail.com