# **LEAGUE PROGRAMMES 2023**

### League 1

# Sunday 30 April 2023 Freyberg Pool

Warm up 1.25pm Start 2.00pm Entries close Wed 26 April NO LATE ENTRIES

- 1 Foxton Cup Girls (5x2 13 yrs & U)
- 2 Foxton Cup Boys (5x2 13 yrs & U)
- 3 400 Free 10 50 Breast 4 25 Free 9 & U 11 100 IM
- 5 100 Back 12 25 Back **OR** Breast **OR** Fly (9 & U)
- 50 Flv 6 13 50 Back 200 Back 7 100 Breast 14 200 Free 8 50 Free 15 200 IM 9 100 Fly 16
- 17 12 & U 200m Medley relay
- 18 Monk Cup (relay 4x2 Open 2 Female 2 Male)

League 2

# Sunday 25 June 2023 Freyberg Pool

Warm up 1.25pm Start 2.00pm

Entries close Wed 21 June NO LATE ENTRIES

- Foxton Cup Girls (5x2 13 yrs & U)
  Foxton Cup Boys (5x2 13 yrs & U)
- 3 200 Free 10 50 Free 4 200 Breast 11 100 IM
- 5 200 IM 12 25 Back **OR** Breast **OR** Fly (9 & U)
- 6 50 Breast 13 50 Fly 7 25 Free 9 & U 14 100 Free 8 100 Fly 15 400 IM
- 9 50 Back
- 16 12 & U 200m Freestyle relay
- 17 Monk Cup (relay 4x2 Open 2 Female 2 Male)

#### NO LATE ENTRIES ACCEPTED

- Entries and payment to be made via the SNZ Database.
- Swimming Manawatu reserves the right to restrict the number of visiting swimmers.
- Swimmers in relay teams must have competed in two individual events for the relay to be eligible to earn points. Only Manawatu Clubs will earn points for Manawatu Trophies.
- Clubs must have 4 swimmers before their results will earn points
- Maximum 3 individual swims per swimmer.
- Times are to be submitted for <u>all</u> entries. Swimmers entered with **no time** will not gain points
- Each participating Club to provide 1 timekeeper per four swimmers.
- Entries for 400m events will only be accepted with a time. The fastest 24 entries will swim.