

WINTER CHAMPIONSHIPS 2025



FREYBERG COMMUNITY POOL
PALMERSTON NORTH



FRIDAY 1 August and SATURDAY 2 August 2025

FRIDAY 1 August 2025

SESSION 1

Warm Up 6:15pm - Start 6:45pm

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|--------------|-----------------|----------------|-----------------|
| 1. Male Open | 800m Freestyle | 2. Female Open | 800m Freestyle |
| 3. Male Open | 1500m Freestyle | 4. Female Open | 1500m Freestyle |

SATURDAY 2 August 2025

SESSION 2

Warm Up Males - 7.55am, Females - 8.25am - Start 9.00am

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|---------------------------|---------------------------|-----------------------------|-------------------|
| 5. Male RELAY 13&U | 4 x 50m Freestyle | 6. Female RELAY 13&U | 4 x 50m Freestyle |
| 7. Male RELAY 14&O | 4 x 50m Freestyle | 8. Female RELAY 14&O | 4 x 50m Freestyle |
| 9. Male Open | 400m Medley | 10. Female Open | 400m Medley |
| 11. Male Age Group & Para | 100m Freestyle | 12. Female Age Group & Para | 100m Freestyle |
| 13. Male Open | 50m Butterfly | 14. Female Open | 50m Butterfly |
| 15. Male Open | 200m Breaststroke | 16. Female Open | 200m Breaststroke |
| 17. Male Age Group & Para | 100m Backstroke | 18. Female Age Group & Para | 100m Backstroke |
| 19. Male Open | 50m Freestyle | 20. Female Open | 50m Freestyle |
| 21. Male Open | 200m Medley | 22. Female Open | 200m Medley |
| 23. Male Age Group & Para | 100m Butterfly | 24. Female Age Group & Para | 100m Butterfly |
| 25. Mixed RELAY | 4 x 100m Freestyle | | |

SESSION 3

Warm Up Females – 1.55pm, Males - 2.25pm - Start 3.00pm

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|-----------------------------|-------------------|---------------------------|-------------------|
| 26. Female RELAY 13&U | 4 x 50m Medley | 27. Male RELAY 13&U | 4 x 50m Medley |
| 28. Female RELAY 14&O | 4 x 50m Medley | 29. Male RELAY 14&O | 4 x 50m Medley |
| 30. Female Open | 50m Breaststroke | 31. Male Open | 50m Breaststroke |
| 32. Female Open | 200m Backstroke | 33. Male Open | 200m Backstroke |
| 34. Female Open | 400m Freestyle | 35. Male Open | 400m Freestyle |
| 36. Female Age Group & Para | 100m Medley | 37. Male Age Group & Para | 100m Medley |
| 38. Female Open | 200m Butterfly | 39. Male Open | 200m Butterfly |
| 40. Female Age Group & Para | 100m Breaststroke | 41. Male Age Group & Para | 100m Breaststroke |
| 42. Female Open | 50m Backstroke | 43. Male Open | 50m Backstroke |
| 44. Female Open | 200m Freestyle | 45. Male Open | 200m Freestyle |

SWIMMING MANAWATU

WINTER CHAMPIONSHIPS 2025

MEET CONDITIONS

- **No late entries accepted.**
 - **Entries close 22:00 Sunday 27 July 2025** via the SNZ database.
 - **Entry fees are \$8.50 per event - to be paid at the time of entry.**
 - No water is available for warm up or warm down during the sessions.
 - All events will be swum as Timed Finals.
 - **All Club Team Managers and Coaches will be required to have a current Police Check held by Swimming New Zealand.**
 - 400m events may be restricted to fastest 24 swimmers.
 - SNZ Policy 008 will apply. Scratchings from all events must be received before the conclusion of the preceding session. Session 2 scratchings must be received Friday night (1 August) before 8pm.
 - The scratching penalty fee will be \$50.00 for each event where the scratching rule is not observed. The Protest fee will be \$100.00 cash.
 - ***Once entries have closed, refunds will only be made on production of a medical certificate.***
 - All swimmers must be registered competitive members of Swimming New Zealand. Age is as at first day of the meet.
 - Swimming Manawatu reserves the right to alter the programme and limit entries should the need arise.
 - An official's break may be held half way through each session.
 - Medals will be awarded for first, second and third places. Medals are to be collected from meet control by the Club Team Manager only please.
 - ***Swimmers will only be able to enter events for which they have a time in the database.***
- **Please note: results for events 11, 12, 17, 18, 23, 24, 36, 37, 40 and 41 will be published in age groups of 10 years and under, 11-12 years, 13-14 years, 15 years and over, and Open age group for Para swimmers (Open Para).**
 - Relay events 5, 6, 7, 8, 25, 26, 27, 28, 29 are open to all Clubs, Manawatu Clubs will earn points for the Norm Still Relay Trophy.
 - Time trials (\$15.00 fee) may be accepted at the discretion of the Race Secretary but only if lane space is available – heats will not be reseeded or added. Applications will be accepted on a first in basis.
 - Meet conducted under WA and SNZ rules where sufficient officials are available.
 - Mixed relays must include two swimmers of each gender.
 - *Clubs are to provide a minimum of 1 timekeeper per four swimmers in each session.*
 - The Organisers will not be liable for any loss or damage during the period of the meet. All participants must agree to comply with the Sports' Anti-Doping Rules.

Pysch sheets will be available on the Manawatu website
www.manawatu.swimming.org.nz

All queries to: manswim.racing@gmail.com